

# INTRODUCTION TO OUR OFFICES

## ALLERGY ASSOCIATES & LAB., LTD.

SURESH C. ANAND, M.D.  
MIRIAM K. ANAND, M.D.  
DANIA WIERZBICKI, M.D.

Phone: (480) 838-4296

FAX: (480) 820-1275

### LOCATIONS AT:

#### CHANDLER OFFICE

2248 N ALMA SCHOOL RD, STE 104

CHANDLER AZ 85224

Phone: (480) 792-1006

#### Injection Hours:

Thursday: 9:30-12:00 1:30-6:00

Saturday: 8:30-12:00 1:30-4:00

#### MESA OFFICE

6553 E BAYWOOD AVE, STE 201

MESA AZ 85206

Phone: (480) 218-1996

#### Injection Hours

Tuesday: 9:00-12:00 1:30-5:00

Wednesday: 9:00-12:00 1:30-5:30

#### TEMPE OFFICE

1006 E GUADALUPE RD

TEMPE AZ 85283

Phone: (480) 838-4296

#### Injection Hours:

Monday: 10:00-12:00 2:00-4:30

Tuesday: 9:30-6:30

Thursday: 9:00-6:00

#### PHOENIX OFFICE

(Arcadia Camelback Medical Plaza)

4901 N 44<sup>TH</sup> ST, STE 103

PHOENIX AZ 85018

Phone: (602) 954-0405

#### Injection Hours:

Monday: 9:30-12:00 2:00-4:30

Friday: 9:00-12:00 1:30-5:30

QUESTIONS REGARDING ACCOUNT BILLING SHOULD BE ADDRESSED TO THE BILLING OFFICE AT  
(480) 964-2455

The web site is a comprehensive source of educational material and patient handouts for allergy, asthma,  
and other medical topics.

[www.allergyassoc.net](http://www.allergyassoc.net)

# ALLERGY ASSOCIATES & LAB., LTD.

Thank you for choosing our office for your medical care. Dr. Suresh Anand, Dr. Miriam Anand, and Dr. Dania Wierzbicki, M.D. specialize in treating diseases related to allergies. The common allergic diseases include: Hay fever, Rhinitis Sinus problems, Asthma, Allergic Bronchitis, Hives, Food allergies, Eczema, Drug allergies, and other diseases which your physician may consider to be related to your allergies. Both adults and children are treated.

Asthma may be mild or serious but should always be taken seriously. Recent advances offer considerable help.

**OFFICE:** Dr. Suresh Anand has been in this area since 1969 and has a well-established practice. Our offices have made every effort to meet the requirements of handicapped patients. We have offices in Chandler, Mesa, Phoenix, and Tempe for your convenience.

**STAFF:** Our staff members are experienced, well trained, and always helpful. They work as a team, which is the cornerstone of our practice.

**NEW PATIENT APPOINTMENTS:** Every effort is made to schedule new patients as early as possible. All new patients need to fill out forms that include a detailed questionnaire, which is important to their care.

**TESTING:** After your initial history and physical examination, related to our specialty, the physician may recommend a further plan of action. This may include medicines, preventive measures and tests, according to each patient's individual situation. Whenever possible, the tests are arranged on the same day of the initial appointment to prevent an extra unnecessary trip to the office. Office staff will explain all about the tests and charges that will be incurred before actually proceeding with any testing. You will be given time to consider all options before proceeding with testing.

Please ask for an explanation of any procedures related to your treatment that you may not understand. If there are any questions about insurance coverage or method of payment, our staff will be happy to answer any concerns in order to avoid any future misunderstandings.

The testing procedures may have to be done in segments, requiring more than one visit to our office. After the tests are completed, the patient will be given an appointment with the doctor for an interpretation of the tests. The *medical technician is not permitted to discuss any testing results* with the patient even though you may be anxious to know the results. The doctor, or the nurse, who is familiar with the patient's medical history, will explain these results.

**INSURANCE AND PAYMENT ARRANGEMENTS:** There was a time when we were rarely required to ask these questions. Now, there are a multitude of insurance contracts with the most important information buried in the finest of print. Even for the most informed, it is impossible to know each patient's coverage, or contract, with the insurance company. So, please do not be offended if we ask for details of your insurance coverage, or method of payment. Incorrect information from the

patient may result in the denial of payment by the insurance carrier and make you responsible for the payment of services.

Please take some time to understand your insurance contract. In some cases, you may need a referral from your primary care physician (PCP), or an advanced authorization to utilize our services. Without that formality, and the appropriately filled out referral forms, we may not be allowed to treat you immediately.

**MEDICARE:** We accept Medicare. We also help you file any other insurance forms with insurance companies with which we participate. Although the benefits and rules keep changing, we do our best to assist you in every way possible. To avoid misunderstandings feel free to ask for clarification.

**REFERRALS:** Our patients, their relatives, friends, and other physicians refer over 95% of our patients to us.

Your referring physician receives an appropriate report after all the allergy evaluations are completed. Your referring physician remains your main doctor and our job is basically to assist you in your allergy care and consultation as needed. *It is not our purpose to take over your care from the referring physician.* Lack of cooperation between different physicians only hurts the patient. When needed we may also recommend further consultations with other physicians.

**TELEPHONE CALLS AND AFTER HOURS COVERAGE:** Your health is important to us. When you or a family member is ill, you may become worried. A major decision about care should be made immediately. Should you call the doctor's office? The answer you decide upon is important to you and your health and peace of mind. During office hours a nurse or medical assistant is always available to advise you. They will discuss your questions with the physician, as soon as possible to make the appropriate recommendations. Sometimes the problem can be resolved over the telephone. We may suggest that you see Dr. Suresh Anand, his associates, your primary care physician, or another specialist whom you may already be seeing.

After-hour calls should be limited to urgent or emergency care. If you are calling about a non-life threatening emergency after hours, you can reach the on call doctor by pager. The page number is (602) 658-4080. Please enter your contact phone number, including area code. Please do not enter anything but your contact number. The on call physician will return your call within thirty minutes. If you do not hear back after thirty minutes, please page the doctor a second time making sure you enter the correct contact number.

Non urgent matters should be handled during normal business hours, i.e. billing questions, prescription refills, appointment scheduling, etc. If you listen carefully to the recorded message on the voice mail you will also be given step-by-step instructions on using the pager or leaving messages of a non urgent matter.

If it is a severe emergency, do not waste your time on a phone call. CALL 911 immediately or go to the emergency room. The hospital can always contact your physician, if needed. This applies not only to our office but to any of your other physicians as well.

**SUMMARY CONFERENCE VISIT:** The doctor evaluates your test results and records for further planning of treatment. Instructions are given in the avoidance of suspected allergens or irritants, and appropriate use of medicines. You will be advised if any long-term allergy injection treatment will be helpful. Please ask the doctor any questions you may have. Full understanding of treatment is a priority.

This visit is followed by a conference with the nurse or medical assistant, who further emphasizes the course of treatment. Proper use of all your medicines will be explained in detail. The routine of allergy injection treatment will be explained. These injections may be given at our office or sent to your primary care physician for injection. The information provided, and the patient's compliance is important for successful treatment. Much of the information related to your illness may be new to you. Every effort will be made to keep you informed.

DO NOT hesitate to call our offices if you have any questions. The partnership in communication between the patient, physician, and our staff is always rewarding. This opportunity is always available, but its use depends on you. Otherwise, we have to assume that the line of communication is satisfactory. This is also the time to clarify questions about your insurance program, method of payment, treatment, etc.

**ALLERGY INJECTIONS:** Allergy injections are a long-term program, which requires careful monitoring. *Injections take some time before helping you. The program should not be discontinued without discussing it with your doctor.* Separate instructions are given if you receive injections at our office. The injections may be sent to another physician for administration for your convenience. All injections should be given under proper supervision. *Self administration of allergy injections is not advised, for your own safety.*

**ESTABLISHED PATIENTS:** Appointments will be scheduled promptly. Please inform the receptionist as soon as you arrive that you have an appointment with the doctor, or need laboratory testing. We do our utmost to eliminate unnecessary waiting. We strongly believe in the value of your time.

**FOLLOW UP VISITS:** We like to see you for periodic checkups approximately **every six months or earlier if needed.** Please call for a "Review Appointment" with the doctor.

**APPOINTMENTS:** If for some reason you cannot keep an appointment or are delayed, please inform our office within 24 hours prior to your appointment. You will not be billed for your cancelled appointment if you have called to cancel or reschedule. If you do not show up for an appointment and have not called to notify us, there may be a \$25.00 no-show charge. This time can certainly be utilized for another patient who may need immediate care.

**CASH PAYMENT:** It saves time and expense if charges are paid at the time the services are rendered. If you pay by cash, check, or credit card, please **insist on a receipt.** Save your expense records, for tax purposes, or in case there is a conflict later.

**MONTHLY STATEMENTS:** Monthly statements are sent to patients who have a delinquent balance.

**DELINQUENT ACCOUNTS:** Sending repeated statements is extremely expensive. Delay of payment puts us in an awkward position to remind you of your obligation. Repeated billing consumes time that can otherwise be spent on proper medical care. If there is a financial problem, it is best to

discuss it with the front office manager so that some arrangement can be made which is comfortable for everyone.

Problems arise when people just do not respond. In these situations, to avoid overload on our staff, we have no other choice but to send delinquent accounts to an outside collection agency. Frank communication can avoid a breakdown in relationship. Having to turn a delinquent account over to an outside collection agency helps no one but that collection agency.

**COPAYMENTS:** Most insurance companies require you to pay a small co-payment each time services are rendered. This payment should be paid in cash. Please request a receipt.

**REFUNDS:** Occasionally, there may turn out to be a credit balance on your account. It will be refunded to you as soon as we identify it. It may also be applied to your account.

**PATIENT EDUCATION:** Patient education is important. We have plenty of resource materials available. Please ask if you have any specific interests. Mutual education is an ongoing process, both you and we benefit from it. If you come across some unusual information or see an article, or news item, please send it to us. We also have a web site with useful information.

**COMMUNITY EDUCATION:** Speakers are available to speak at schools and other community functions. Current educational material and resource material will be provided.

**PRESCRIPTION REFILLS:** Routine refills can be called to your pharmacist during office hours. If it is safe for you to use these medicines over a long period of time between check ups, refills will be available. If not, we will not authorize a refill without seeing you first. Circumstances and needs change and some medicines may interact with other medicines which may have been prescribed to you by our other physicians. *If your insurance plan does not cover certain medicines, please do not fill the prescription. Call our office for an appropriate substitute to save you money.*

**MEDICAL RECORDS:** **Your records are confidential.** No information is released without your permission. A written request is required if you need to transfer your records to another physician. Please give us a few days notice to prepare your records for transfer.

If you move out of town, we will be happy to give you names of trained allergists in your new area. Allergy injection extracts can be sent to the new physician to avoid interruption in your treatment program, duplication of test, or duplication of costs.

**COMPANY RECOGNIZED HOLIDAYS:** It is the policy of Allergy Associates & Lab., Ltd. to recognize certain paid holidays during the year. Allergy Associates & Lab., Ltd. recognizes the following holidays: New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving Day, and Christmas Day. Should the holiday fall during the workweek, the offices will close at 4:00 p.m. the day prior to the holiday.

**CONCERNS OR SUGGESTIONS:** Your concerns or suggestions are always welcome. They are taken seriously. We wish to make your visit to our office as comfortable as possible. Our success in your management of care depends on you.

**PLEASE ADVISE US:** Advise us if there are any changes in your medical history, medicines you are taking, insurance coverage, address change, phone number etc., at your first possible convenience.

**SURESH C. ANAND, M.D.**  
**CURRICULUM VITAE**

**Qualifications:**

Diplomate, American Board of Allergy and Immunology  
(A conjoint Board of the American Board of Internal Medicine and the American Board of Pediatrics)

**University of Colorado**

Masters in Science (Medicine)  
Clinical Instructor in Medicine

**National Jewish Hospital at Denver, Colorado**

Fellow in Pulmonary Diseases  
Resident in Chest Disease  
Chief Resident, Department of Allergy and Asthma  
Research Associate, Department of Allergy and Immunology

**New Mount Sinai Hospital, Toronto, Canada**

Rotating Internship  
Resident in Internal Medicine  
Chief Resident in Internal Medicine

**University of Toronto, Canada**

Demonstrator in Clinical Technique  
Fellow in Medicine

**Fort Logan Mental Health Center, Denver, Colorado**

Medical Specialist, Crisis Unit

**Fellow:**

American College of Physicians  
American College of Chest Physicians (Critical Care Committee–past)  
American Academy of Allergy and Immunology (Public Education Committee)  
American College of Allergy and Immunology (Past–Public Education, International and Public Relations Committees)  
American Association of Certified Allergists

**Membership in Organizations:**

Maricopa County Medical Society (Delegate to ARMA; Board of Director–past, Executive Committee–past, Chairman Membership Committee–past)  
Greater Phoenix Allergy and Asthma Society (Past-President)  
American College of Allergy, Asthma, and Immunology, Asthma Screening Coordinator Greater Phoenix Area  
American Federation of Clinical Research (Past)  
American Medical Association, Central District Director, 2006-2009  
Arizona Medical Association (Past-Chairman, Scientific Assembly Committee)

Arizona Association of Physicians of Indian Origin  
Arizona State Physicians Association  
Arizona Thoracic Society  
Arizona Allergy and Asthma Society (Past Vice-President and President)  
Association for the Care of Asthma  
European Academy of Allergy, Asthma and Immunology  
International Association of Asthmology  
International Association of Allergology and Clinical Immunology  
New York Academy of Sciences (Past)  
Scottsdalian Toastmasters  
Western Society of Allergy, Asthma, & Immunology

**Hospitals:**

Good Samaritan, Saint Joseph's, John C. Lincoln, Humana, Phoenix Memorial (Medical Department Committee), Scottsdale Memorial, (Teaching Staff, Family Practice Residency Program, Medical Education Planning Sub-Committee), Desert Samaritan, Mesa Lutheran, Saint Lukes, Tempe Saint Lukes, Phoenix Children's, Chandler Regional, Valley Lutheran

**Others:**

Member, Camelback Hospital Citizens' Advisory Board (Past)  
NJH Federal Credit Union (Past President)  
MARQUIS, WHO IS WHO IN THE WEST  
WHO IS WHO IN AMERICA  
WHO IS WHO IN SCIENCE AND ENGINEERING  
World Medical Association  
Adjunct Assistant Professor, Midwestern University

Maricopa County Medical Society, President elect, 2002.  
Maricopa County Medical Society, President, 2003.

Allergy Association & Lab. Ltd. (at Present)

**MIRIAM K. ANAND, M.D.**  
**CURRICULUM VITAE**

**Postgraduate Education:**

National Jewish Medical Center, Denver, CO. 2001-2003  
Allergy/Immunology Fellowship  
Mayo Graduate School of Medicine, Scottsdale, AZ 1998-2001  
Internal Medicine Residency  
Diplomate, American Board of Internal Medicine, 2001  
Diplomate, American Board of Allergy and Immunology, 2003

**Education:**

George Washington School of Medicine, D.C., August 1994-May 1998  
University of Heidelberg, Heidelberg, Germany, 1994  
Completed medically related courses.  
Arizona State University, Tempe, AZ 1991-1993  
Completed medical education prerequisites.  
Grand Canyon University, Phoenix, AZ 1990-1991  
Began medical education prerequisites.  
University of Regensburg, Regensburg, Germany 1989-1990  
Study abroad program.  
University of Colorado, Boulder, CO, 1990  
Psychology and German.

**Related Experience:**

Allergy Associates and Lab., LTD., Private Practice, August 2003-to date

**Publications:**

Anand, M.K., Nelson, H.S., Dreskin, S.C.: A Possible Role for COX-2 Inhibitors in the Treatment of Chronic Urticaria, Letter to the Editor, Journal of Allergy & Clinical Immunology, 2003, Vol. 111, no. 5, May 2003.  
Anand, M.K., Routes J.: Immediate Hypersensitivity, Emedicine Online Textbook (emedicine.com), 2002.  
Anand, M.K., Mishark, K.J., and Nguuyen, C.: Chapter on Dubin Johnson Syndrome, Emedicine Online Textbook (Emedicine.com), 2001.  
Anil, Nanda, M.D.; O'Connor, Maeve, M.D.; Anand, Miriam M.D.; et al. Dose dependence and time course of the immunologic response to administration of standardized cat allergen extract. Journal of Allergy and Clinical Immunology, December 2004, Vol. 114, no. 6.

**Presentations:**

Anand, M.K., Asthma Lecture at Mayo Graduate School of Medicine Internal Medicine (noon conference), December 18, 2004  
Anand, M.K., and Douglas, D.D.: A Case of Dubin Johnson Syndrome Mistaken for Acalculous Cholecystitis. Poster presentation at Arizona Chapter ACP-ASIM Annual Meeting, Tucson, Arizona, December 1999.

Just Move! Exercising for a Healthier Lifestyle. Presented at the Mayo Clinic “For Your Health” seminar for patient education. February 1999.

Anand, M.K., Burke, R., and Mishark, K.J.: Recurrent Transitional Cell Carcinoma of the Bladder Presenting as GI Obstruction: An Uncommon Presentation. Poster presentation at Arizona Chapter of ACP-ASIM Annual Meeting, Phoenix, Arizona, November 1998.

### **Licenses/Certifications:**

Medical License, Arizona

### **Honors/Awards:**

Clinical honors in medical school: Internal Medicine, Cardiology, Pulmonology, Nephrology, Critical Care, and Plastic Surgery.

National Dean’s List for Academic Excellence, 1991

Dean’s List: Arizona State University, four semesters.

Grand Canyon University, two semesters.

University of Colorado, one semester.

### **Memberships in Organizations:**

American Academy of Allergy, Asthma & Immunology

American College of Allergy, Asthma, & Immunology

American College of Chest Physicians

American College of Physicians

American Medical Association

Arizona Foundation for Medical Care

Arizona Association of Physicians of Indian Origin

Arizona Medical Association

Desert Physicians Association

Western Society of Allergy, Asthma, & Immunology

Maricopa County Medical Society, Secretary, 2005, 2006.

### **Hospitals:**

Chandler Regional Hospital

Banner Desert Samaritan Medical Staff

Banner Baywood

Scottsdale Healthcare Osborn

### **Employment:**

Allergy Association & Lab. Ltd. (at Present)

**DANIA A. WIERZBICKI, M.D.**  
**CURRICULUM VITAE**

**Education:**

University of Texas Southwestern Medical Center at Dallas, TX. 2005-2007

Allergy/Immunology Fellowship

University of Texas Southwestern Medical Center at Dallas, TX. 2001-2004

Internal Medicine Residency

University of Texas Southwestern Medical Center at Dallas, TX. 1997-2001

M.D. degree

Texas A&M University, College Station, TX. 1993-1997

**B.A. Biology, minor Chemistry. Summa Cum Laude**

Study abroad: Summer 1995 Italy. Summer 1996 Greece & Turkey.

**Qualifications:**

Board Certified, American Board of Internal Medicine, 2004

Board Eligible, American Board of Allergy and Immunology, 2007

**Experience:**

Resident Instructor for Clinical Medicine course, 2003-2004

Texas Primary Care, PA (Baylor University Medical Center Dallas) Hospitalist, 2004-2005

Allergy Associates and Lab., LTD., Private Practice, August 2007-to date

**Publications/Posters:**

Wierzbicki DA, Cox JA, Rainville IR, Nelson RP, de la Morena MT. Nonmyeloablative Matched Unrelated Donor Hematopoietic Cell Transplant for Late-Onset Omenn's with Novel RAG Mutation. *JACI*, Vol. 119, Issue 1, Supplement 1, Jan 2007, S255

Shanmugam G, Buchmiller BL, Wierzbicki DA, de la Morena MT. Reactive Eosinophilia to Invasive Candidiasis Responding to Caspofungin. *JACI*, Vol. 119, Issue 1, Supplement 1, Jan 2007S223

Wierzbicki DA, Khan DA. Successful Treatment of Refractory Chronic Idiopathic Urticaria with Omalizumab. ACAAI Annual Meeting Poster. Philadelphia. Nov. 2006

**Honors/Awards:**

Residency: Outstanding Resident. Clinical Medicine course, 2003-2004

Medical School: Dr. Vanatta's "Water Balance" Award, 1998

Undergraduate:

President's Endowed Scholarship

Thomas J. Watson Memorial Scholarship (IBM)

Faculty Achievement Award-College of Science

Outstanding Executive-Honors Student Council 1996

University Honors

Foundation Honors

Honor Society of Phi Kappa Phi

Phi Eta Sigma Freshman Honor Society

Golden Key National Honor Society

Dean's List, 7 semesters

**Memberships:**

American Academy of Allergy, Asthma & Immunology

American College of Allergy, Asthma & Immunology

Arizona Medical Association

Former American Medical Student Association—UTSW Chapter President 1998-1999

Former Texas Medical Association—Student delegate 1997-1998

**Licenses:**

Medical license, Arizona

Medical license, Texas

**Hospitals:**

Chandler Regional Hospital

Banner Desert Samaritan Medical Staff

Banner Baywood

# OFFICE LOCATIONS

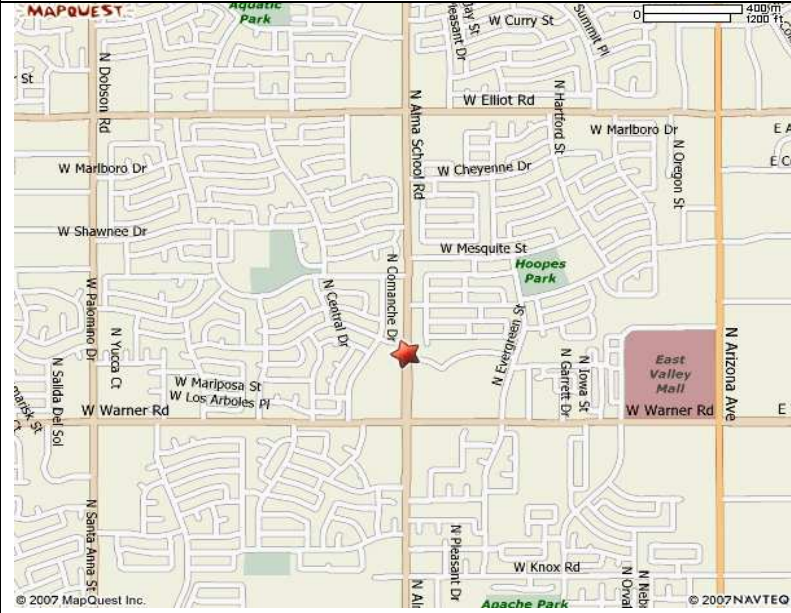
## TEMPE OFFICE

**1006 EAST GUADALUPE RD  
TEMPE, AZ 85283**



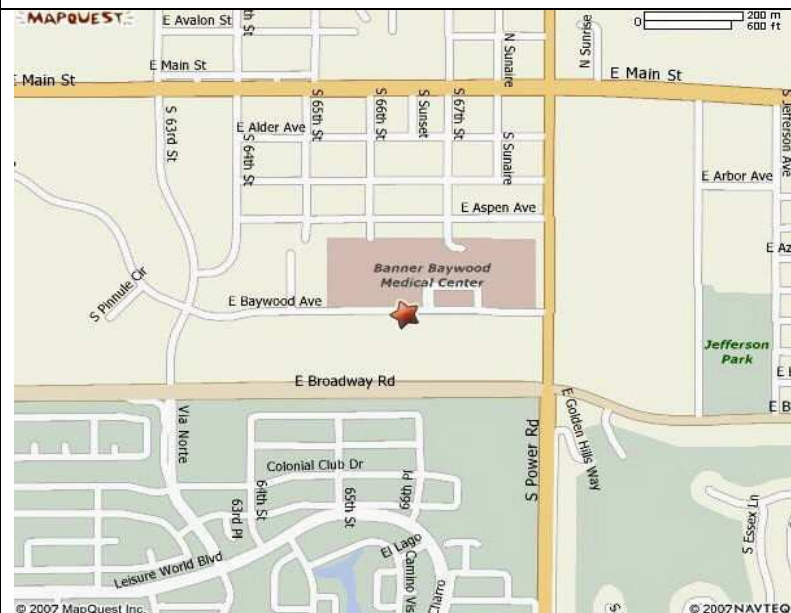
## CHANDLER OFFICE

**2248 N ALMA SCHOOL RD, STE 104  
CHANDLER, AZ 85224**



## MESA OFFICE

**6533 E BAYWOOD AVE, STE 201  
MESA, AZ 85206**



## PHOENIX OFFICE

**4901 N 44<sup>TH</sup> ST, STE 103  
PHOENIX, AZ 85018  
(Arcadia Camelback Medical Plaza)**

