



SURESH C. ANAND, M.D., M.S. IN MED., F.A.C.P., F.C.C.P.
HOUSAM ALASALY, M.D. MIRIAM K. ANAND, M.D.
DANIA A. WIERZBICKI, M.D.

DIPLOMATES, AMERICAN BOARD OF ALLERGY & IMMUNOLOGY
(A Conjoint Board of the American Board of Internal Medicine and the American Board of Pediatrics)

TERA CRISALIDA, P.A.-C., M.P.A.S.

TELEPHONE (MAIN OFFICE) (480) 838-4296 FAX (480) 820-1275

1006 EAST GUADALUPE RD., TEMPE, AZ 852836
6553 EAST BAYWOOD AVE., STE 201, MESA, AZ 85206
2248 NORTH ALMA SCHOOL ROAD, STE 104, CHANDLER, AZ 85224
4901 NORTH 44TH STREET, STE 103, PHOENIX, AZ 85018

Medications To Be Stopped Prior To Testing

Please be aware that some medications you may be taking can interfere with the skin test results. Please take a moment to review the list of medications that should be discontinued prior to your first appointment or before you receive any skin testing.

***Antihistamines are in numerous medications that treat varied conditions other than allergies, including, but not limited to:**

- Insomnia
- Anxiety
- Depression
- Acid Reflux

- Coughs & Colds
- Varied Eye Conditions
- Nausea

Oral Medications that contain the following should be discontinued at least **7 days** prior to skin testing or new patient appointments:

- 1- loratadine (e.g. Claritin, Alavert, other generic store brands)
- 2- fexofenadine (e.g. Allegra)
- 3- cetirizine (e.g. Zyrtec, other generic store brands)
- 4- desloratadine (e.g. Clarinex)
- 5- levocetirizine (e.g. Xyzal)

Oral Medications that contain the following should be discontinued at least **3 days** prior to skin testing or New Patient Appointments:

- 1) acrivastine (e.g. Semprex-D)
- 2) azatadine (e.g. optimine, Trinalin)
- 3) brompheniramine (e.g. Bromfed, Children's Dimetapp Cold & Allergy)
- 4) carbinoxamine (e.g. Rondec Syrup)
- 5) chlorpheniramine (e.g. Chlor-Trimeton, Triaminic cold & Allergy)
- 6) clemastine (e.g. Tavist)
- 7) cimetidine (e.g. Tagamet)

- 8) cyproheptadine (e.g. Periactin)
- 9) diphenhydramine (e.g. Benadryl, Tylenol PM, many sleep aids)
- 10) dexbrompheniramine (e.g. Dimetapp Cold & Allergy)
- 11) dexchlorpheniramine (e.g. Polarmine, Tanafed DP)
- 12) doxepin (e.g. Sinequan, Zonalon)
- 13) famotidine (e.g. Pepcid)
- 14) hydroxyzine (e.g. Atarax, Vistaril)
- 15) nizatidine (e.g. Axid)
- 16) promethazine (e.g. Phenergan)
- 17) ranitidine (e.g. Zantac)

- *18) amitriptyline (e.g. Elavil, Vanatrip)....
- *19) clomipramine (e.g. Anafranil).....
- *20) imipramine (e.g. Tofranil).....
- *21) nortriptyline (e.g. Aventyl).....
- *22) protriptyline (e.g. Vivactil).....

****DO NOT DISCONTINUE THESE
MEDICATIONS WITHOUT CONSULTING
YOUR PHYSICIAN. ****

Eye Drops that contain the following should be discontinued at least **3 days** prior to skin testing or new patient appointments:

- 1) azelastine (e.g. Optivar)
- 2) emedastine (e.g. Emadine)
- 3) levocabastine (e.g. Livostin)
- 4) pheniramine (e.g. Naphcon-A, Visine-A)
- 5) olopatadine (e.g. Patanol, Pataday)
- 6) ketotifen (e.g. Zaditor, other generic store brands.)

Nasal Sprays that contain the following should be discontinued at least **3 days** prior to skin testing or new patient appointments:

- 1) azelastine (e.g. Astelin)
- 2) olopatadine (e.g. Patanase)

***Note: DO NOT discontinue any antibiotics, heart medications, insulin or other medications prior to consulting your physician.**

Below are some allergy and asthma medications that you DO NOT NEED TO DISCONTINUE:

- Singulair
- Inhaled corticosteroids (e.g. Advair, Symbicort, Qvar)
- albuterol
- Nasal Sprays (e.g. Nasonex, Veramyst, most nasal sprays)
- pseudoephedrine (e.g. Sudafed)
- phenylephrine